



PROGRAM PLANNING GUIDE

Name: _____

ID:

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Bachelors of Health Sciences

After an Approved Degree



Bachelors of Health Sciences After an Approved Degree Programs are available to applicants who have completed an approved undergraduate degree. The program must be approved on an individual basis in advance by the Dean, and, in some cases, more than 20 courses (60.0 credit hours) may be required to satisfy all second degree and major requirements.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2025/2026 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Health Sciences (www.ulethbridge.ca/healthsciences)

Program(s): Bachelors of Health Sciences

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad

Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines

Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses

Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)

Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge

Internship: www.ulethbridge.ca/healthsciences/addictions-counselling-internship

Independent Study: www.ulethbridge.ca/healthsciences/independent-study

What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services

Student Success Centre: www.ulethbridge.ca/student-success-centre

Accessible Learning: www.ulethbridge.ca/ross/alc

Counselling Services: www.ulethbridge.ca/counselling

Required courses and notes

Name: _____

ID:

Program: _____
Major: _____

Students must reach out to their advising office if they have completed a course that is believed to be equivalent to a course shown in this program planning guide before the first day of classes. Students may be required to provide course outlines to support their claim. The advising office will inform students of a suitable substitute course if an equivalency is verified. Students will not be permitted to complete fewer than 20 U of L courses in pursuit of their degree.

_____ **REQ.** Program requirements:

- 1.
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- 25.

General Requirements

- _____ Completion of 20 course equivalents (60.0 credit hours) with a GPA of at least 2.00 (on the University of Lethbridge 4.0 scale) on courses taken for credit towards the degree.
- _____ Attain a minimum cumulative GPA of 2.50 (on the University of Lethbridge 4.0 scale) on all required Addictions Counselling, Health Sciences, Indigenous Health, and Public Health courses taken for credit towards the degree.
- _____ Completion of two courses from each of Lists I, II, and III for the Liberal Education List Requirement (see **School of Liberal Education** in the 2025/2026 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar).
- _____ Not more than three Independent Study courses may be taken for credit towards the degree.
- _____ Residence requirement: 20 courses (60 credit hours).
- _____ All degree requirements must be completed within seven years of completion of the first required course offered by the Faculty of Health Sciences.

FOR OFFICE USE ONLY

Previous Degree: _____

Major in 1st Degree: _____

Year Completed: _____

Courses Required in Program

Major: _____

Lib Ed Requirement (not included in Major): _____

Other Requirements (if applicable):

Electives (to bring total to min. 20): _____

TOTAL: _____

Initial Program Approval

Declared Program: _____

Declared Major: _____

Number of Courses Required:

Approved by: _____

Date: _____

Final Program Check

Request a Final Program Check at www.ulethbridge.ca/healthsciences/forms by December 1 (April completers) or by April 1 (June, August, & December completers) and after registering in your final term.

Program requirements with _____ (majors, minors, concentrations)

☐ will be met upon successful completion of _____ currently enrolled courses

☐ have been met

Health Sciences GPA:

Grad GPA:

Advisor: _____ Date: _____

Advisor: _____ Date: _____



RECOMMENDED SEQUENCING PLAN (2025/2026)

Recommended Course Sequence

Name: _____

ID:

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Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms). Students are strongly encouraged to follow the sequencing plan outlined here. Not following the sequencing plan may result in extending the length of your program.

Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.

Sequencing Plan for Lethbridge Campus Students

First Year (Fall)

Public Health 1000
Health Sciences 2400
Health Sciences 3260
Sociology 1000
Writing 1000

First Year (Winter)

Health Sciences 2310
Health Sciences 2450/History 2450
Health Sciences 2700/Sociology 2700
Public Health 3000
Public Health 3420

Second Year (Fall)

Health Sciences 3002
Health Sciences 3100
Health Sciences 2003/Biology 2003
Public Health 2000
Public Health 2100

Second Year (Winter)

Health Sciences 3450/Psychology 3450
Health Sciences 3825/Management 3825
Health Sciences 3510
Health Sciences 3800
Public Health 4000

Sequencing Plan for Calgary Campus Students

First Year (Fall)

Public Health 1000
Health Sciences 2400
Health Sciences 3260
Sociology 1000
Writing 1000

First Year (Winter)

Health Sciences 2310
Health Sciences 2450/History 2450
Health Sciences 3002
Health Sciences 3825/Management 3825
Public Health 2000

Second Year (Fall)

Health Sciences 2003/Biology 2003
Health Sciences 2700/Sociology 2700
Health Sciences 3100
Public Health 3000
Public Health 3420

Second Year (Winter)

Health Sciences 3450/Psychology 3450
Health Sciences 3510
Health Sciences 3800
Public Health 2100
Public Health 4000

Sequencing Plan for Calgary Campus (Winter Admission)

First Year (Winter)

Health Sciences 2310
Health Sciences 2450/History 2450
Health Sciences 3002
Health Sciences 3800
Writing 1000

First Year (Fall)

Public Health 1000
Public Health 3420
Health Sciences 2003/Biology 2003
Health Sciences 3260
Sociology 1000

Second Year (Winter)

Public Health 2000
Public Health 2100
Health Sciences 3450/Psychology 3450
Health Sciences 3825/Management 3825
Public Health 4000

Second Year (Fall)

Health Sciences 2400
Health Sciences 2700/Sociology 2700
Health Sciences 3100
Health Sciences 3510
Public Health 3000

An empty program space is available below should you wish or need to create a customized program sequence. Ensure you are following the program requirements laid out on the previous pages of this guide to ensure you are meeting all program, degree, and institutional requirements.

Consult with an Academic Advisor in your faculty if you wish to customize your sequence of courses.

First Year (Fall)

Second Year (Fall)

Third Year (Fall)

Fourth Year (Fall)

Fifth Year (Fall)

First Year (Winter)

Second Year (Winter)

Third Year (Winter)

Fourth Year (Winter)

Fifth Year (Winter)

Notes

